September 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
POOL AND EXERCISE ROOMS ARE OPEN FROM 6 AM THROUGH 10 PM SEE NOTED AT THE BOTTOM OF THE CALENDAR FOR WATER AEROBICS CLASSES		BATTERY RECYCLING – A REMINDER THAT RECYCLE CANS ARE LOCATED IN MAIL HUTS STARTING THE LAST DAY OF THE MONTH AND THE FIRST 7 DAYS OF EACH MONTH (AUGUST 31 THROUGH SEPTEMBER 7).			1 CHAIR VOLLEY BALL 10 AM CARDS 6:30 PM	2 • DOMINOS 1 PM
3	AM	5 • EXERCISE FOR BALANCE 9 AM • PINOCHLE 1 PM	WOMEN CORN TOSS 3:30 PM DOMINO'S 1 PM	• SUMMER CHAIR YOGA 10 AM • MAHJONG 1:30 PM • CORN TOSS 3:30 PM	8 • CHAIR VOLLEY BALL 10 AM • CARDS 6:30 PM	9 • HALL RESERVED • DOMINOS 1 PM
10 • CRAFTS 1 TO 3 PM	• EXERCISE CLASS 10 AM	• EXERCISE FOR BALANCE 9 AM • MEET THE BOARD 10 TO 11AM • PINOCHLE 1 PM	 MEN'S BREAKFAST AT GEORGETOWN FAMILY REST 8 AM WELLNESS SERIES 9/11 AM WOMEN CORN TOSS 10 AM DOMINO'S 1 PM 	• SUMMER CHAIR YOGA 10 AM • MAHJONG 1:30 PM • CORN TOSS 3:30 PM	• CHAIR VOLLEY BALL 10 AM • CARDS 6:30 PM	16 • DOMINOS 1 PM
17 • CRAFTS 1 TO 3 PM	AM	19 • EXERCISE FOR BALANCE 9 AM • PINOCHLE 1 PM	WELLNESS SERIES 9/11 AM DELMARVA DECORATIVE PAINTER 10 to 3 PM DOMINO'S 1 PM	• SUMMER CHAIR YOGA 10 AM • MAHJONG 1:30 PM • CORN TOSS 3:30 PM	• CHAIR VOLLEY BALL 10 AM • CARDS 6:30 PM	• DOMINOS 1 PM • FORT MILES TOUR (TIME TBD)
• CRAFTS 1 TO 3 PM	EXERCISE CLASS 10 AM REGISTER OF WILLS. PRESENTATION 3 PM	26 • EXERCISE FOR BALANCE 9 AM • ADHOC BOARD MEETING 9 AM • PINOCHLE 1 PM	 MEN'S BREAKFAST AT GEORGETOWN FAMILY REST 8 AM WELLNESS SERIES 9/11 AM WOMEN CORN TOSS 10 AM DOMINO'S 1 PM FIFTY-THEMED POT LUCK 5:30 PM 	• MAHJONG 1:30 PM • CORN TOSS 3:30 PM • LADIES LUNCH AT STARGATE DINER IN SEAFORD 12:30 PM	29 CHAIR VOLLEY BALL 10 AM CARDS 6:30 PM	30 • DOMINOS 1 PM

• POOL ROOM INFORMATION:

- ON MONDAY, WEDNESDAY & FRIDAY WATER AEROBICS INTERVALS AT 8 AM, WATER AEROBICS WET & WILD AT 9 AM, AND OPEN POOL FROM 6 AM TO 8 AM AND 10 AM TO 10 PM
- ON TUESDAY & THURSDAY WATER EXERCISE AT 8 AM, , WATER AEROBICS STRENGTH & BALANCE AT 9 AM, AND OPEN POOL FROM 6 AM TO 8 AM AND 10 AM TO 10 PM

• SAVE THE DATE

- o OCTOBER 25 OCTOBERWEEN POT LUCK 5:30 PM
- o NOVEMBER 4 CRAFT SHOW, BAKE SALE, & YARD SALE 9 AM to 12 PM
- o DECEMBER 9 CHRISTMAS LUNCHEON AT VICTORIA'S IN REHOBOTH BEACH
- o DECEMBER 20 CHRISTMAS DINNER