## January 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
POOL AND EXERCISE ROOMS ARE OPEN FROM 6 AM THROUGH 10 PM SEE NOTED AT THE BOTTOM OF THE CALENDAR FOR WATER AEROBICS CLASSES	Happy New Year	• EXERCISE FOR BALANCE 9 AM • PINOCHLE 1 PM • CORN TOSS 3:30 PM	3 • WOMEN CORN TOSS 3:30 PM • DOMINO'S 1 PM	4 • MAHJONG 1:30 PM • CORN TOSS 3:30 PM	<ul> <li>CHAIR VOLLEY BALL 10 AM</li> <li>CARDS 6:30 PM</li> </ul>	6 • DOMINOS 1 PM
7	EXERCISE CLASS 10 AM	• EXERCISE FOR BALANCE 9 AM • MEET THE BOARD 10 TO 11AM • PINOCHLE 1 PM • CORN TOSS 3:30 PM	• MEN'S BREAKFAST AT GEORGETOWN FAMILY REST 8 AM • WOMEN CORN TOSS 10 AM • DOMINO'S 1 PM=	11 • YOGA 10 AM • CHAIR YOGA 11 AM • MAHJONG 1:30 PM • CORN TOSS 3:30 PM	12 • CHAIR VOLLEY BALL 10 AM • CARDS 6:30 PM	13 • DOMINOS 1 PM
<b>14</b> • CRAFTS 1 TO 3 PM	• EXERCISE CLASS 10 AM • LADIES HIGH TEA AT OUR COMMUNITY CENTER 1 TO 3 PM * • BINGO 1:30PM=	BALANCE 9 AM	• WOMEN CORN TOSS 3:30 PM • DOMINO'S 1 PM	• YOGA 10 AM • CHAIR YOGA 11 AM • MAHJONG 1:30 PM • CORN TOSS 3:30 PM	19 • CHAIR VOLLEY BALL 10 AM • CARDS 6:30 PM	<b>20</b> • DOMINOS 1 PM
<b>21</b> • CRAFTS 1 TO 3 PM	• EXERCISE CLASS 10 AM	• EXERCISE FOR BALANCE 9 AM • MEET THE BOARD 10 TO 11AM • PINOCHLE 1 PM • CORN TOSS 3:30 PM	• MEN'S BREAKFAST AT GEORGETOWN FAMILY REST 8 AM • WOMEN CORN TOSS 10 AM • DOMINO'S 1 PM	• YOGA 10 AM • CHAIR YOGA 11 AM • MAHJONG 1:30 PM • CORN TOSS 3:30 PM	26 • CHAIR VOLLEY BALL 10 AM • CARDS 6:30 PM	27 • DOMINOS 1 PM
28 • CRAFTS 1 TO 3 PM	• EXERCISE CLASS 10 AM	30 • EXERCISE FOR BALANCE 9 AM • PINOCHLE 1 PM • CORN TOSS 3:30 PM	<ul> <li>WOMEN CORN TOSS 3:30 PM</li> <li>DOMINO'S 1 PM</li> <li>ITLIAN NIGHT POT LUCK 5:30 PM</li> </ul>	CANS A	RY RECYCLING – A REMIN RE LOCATED IN MAIL HU AY OF THE MONTH AND T ONTH (DECEMBER 31 TH	ITS STARTING THE THE FIRST 7 DAYS OF

## • POOL ROOM INFORMATION:

- ON MONDAY, WEDNESDAY & FRIDAY WATER AEROBICS INTERVALS AT 8 AM, WATER AEROBICS WET & WILD AT 9 AM, AND OPEN POOL FROM 6 AM TO 8 AM AND 10 AM TO 10 PM
- ON TUESDAY & THURSDAY WATER EXERCISE AT 8 AM, , WATER AEROBICS STRENGTH & BALANCE AT 9 AM, AND OPEN POOL FROM 6 AM TO 8 AM AND 10 AM TO 10 PM

## • NOTE

\* LADIES HIGH TEA AWILL BE IN THE CARD ROOMS AT THE COMMUNITY CENTER.