




# September 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p><b>BATTERY RECYCLING – A REMINDER THAT RECYCLE CANS ARE LOCATED IN MAIL HUTS STARTING THE LAST DAY OF THE MONTH AND THE FIRST 7 DAYS OF EACH MONTH (AUGUST 31 THROUGH SEPTEMBER 7).</b></p>		<p><i><b>WALLOPS ISLAND BUS TRIP TO THE WALLOPS ISLAND FLIGHT FACILITY ON OCTOBER 6<sup>TH</sup>. SEE MAILROOM FOR MORE INFORMATION.</b></i></p>		<p><b>1</b></p> <ul style="list-style-type: none"> <li>POOL, EXERCISE &amp; LIBRARY ROOMS ARE OPEN 8AM (1)</li> <li>MAHJONG 1:15 PM</li> <li>CORN TOSS 3:30PM</li> </ul>	<p><b>2</b></p> <ul style="list-style-type: none"> <li>POOL, EXERCISE &amp; LIBRARY ROOMS ARE OPEN (1)</li> <li>CARDS 6:30PM</li> </ul>	<p><b>3</b></p> <ul style="list-style-type: none"> <li>POOL, EXERCISE &amp; LIBRARY ROOMS ARE OPEN (1)</li> </ul>
<p><b>4</b></p> <ul style="list-style-type: none"> <li>POOL, EXERCISE &amp; LIBRARY ROOMS ARE OPEN (1)</li> </ul>	<p><b>5</b></p> <ul style="list-style-type: none"> <li>POOL, EXERCISE &amp; LIBRARY ROOMS ARE OPEN (1)</li> <li><b>NO EXERCISE CLASS (2)</b></li> <li>BINGO 1:30PM</li> </ul> 	<p><b>6</b></p> <ul style="list-style-type: none"> <li>POOL, EXERCISE &amp; LIBRARY ROOMS ARE OPEN (1)</li> <li>PINOCHLE 1 PM (3)</li> </ul>	<p><b>7</b></p> <ul style="list-style-type: none"> <li>WATER AEROBICS                             <ul style="list-style-type: none"> <li>ADVANCED 8 AM</li> <li>REGULAR 9 AM</li> </ul> </li> <li>DOMINO'S 1 PM</li> </ul>	<p><b>8</b></p> <ul style="list-style-type: none"> <li>POOL, EXERCISE &amp; LIBRARY ROOMS ARE OPEN 8AM (1)</li> <li><b>HARI OM YOGA 10 AM</b></li> <li>MAHJONG 1:15 PM</li> <li>CORN TOSS 3:30PM</li> </ul>	<p><b>9</b></p> <ul style="list-style-type: none"> <li>POOL, EXERCISE &amp; LIBRARY ROOMS ARE OPEN (1)</li> <li>CARDS 6:30PM</li> </ul>	<p><b>10</b></p> <ul style="list-style-type: none"> <li>POOL, EXERCISE &amp; LIBRARY ROOMS ARE OPEN (1)</li> </ul>
<p><b>11</b></p> <ul style="list-style-type: none"> <li>POOL, EXERCISE &amp; LIBRARY ROOMS ARE OPEN (1)</li> </ul> 	<p><b>12</b></p> <ul style="list-style-type: none"> <li>POOL, EXERCISE &amp; LIBRARY ROOMS ARE OPEN (1)</li> <li><b>NO EXERCISE CLASS (2)</b></li> </ul>	<p><b>13</b></p> <ul style="list-style-type: none"> <li>POOL, EXERCISE &amp; LIBRARY ROOMS ARE OPEN (1)</li> <li><b>MEET THE BOARD 9 TO 11AM</b></li> <li><b>LADIES LUNCHEON 12:30PM (6)</b></li> <li>PINOCHLE 1 PM (3)</li> </ul>	<p><b>14</b></p> <ul style="list-style-type: none"> <li>MEN'S BREAKFAST 8 AM (5)</li> <li>WATER AEROBICS                             <ul style="list-style-type: none"> <li>ADVANCED 8 AM</li> <li>REGULAR 9 AM</li> </ul> </li> <li>DOMINO'S 1 PM</li> </ul>	<p><b>15</b></p> <ul style="list-style-type: none"> <li>POOL, EXERCISE &amp; LIBRARY ROOMS ARE OPEN 8AM (1)</li> <li><b>HARI OM YOGA 10 AM</b></li> <li>MAHJONG 1:15 PM</li> <li>CORN TOSS 3:30PM</li> </ul>	<p><b>16</b></p> <ul style="list-style-type: none"> <li>POOL, EXERCISE &amp; LIBRARY ROOMS ARE OPEN (1)</li> <li>CARDS 6:30PM</li> </ul>	<p><b>17</b></p> <ul style="list-style-type: none"> <li>POOL, EXERCISE &amp; LIBRARY ROOMS ARE OPEN (1)</li> </ul>
<p><b>18</b></p> <ul style="list-style-type: none"> <li>POOL, EXERCISE &amp; LIBRARY ROOMS ARE OPEN (1)</li> </ul>	<p><b>19</b></p> <ul style="list-style-type: none"> <li>POOL, EXERCISE &amp; LIBRARY ROOMS ARE OPEN (1)</li> <li><b>NO EXERCISE CLASS (2)</b></li> <li>BINGO 1:30PM</li> </ul>	<p><b>20</b></p> <ul style="list-style-type: none"> <li>POOL, EXERCISE &amp; LIBRARY ROOMS ARE OPEN (1)</li> <li>PINOCHLE 1 PM (3)</li> </ul>	<p><b>21</b></p> <ul style="list-style-type: none"> <li>MEN'S BREAKFAST 8 AM (5)</li> <li>WATER AEROBICS                             <ul style="list-style-type: none"> <li>ADVANCED 8 AM</li> <li>REGULAR 9 AM</li> </ul> </li> <li><b>DELMARVA DECORATIVE ARTISTS 10 AM to 3 PM (4)</b></li> <li>DOMINO'S 1 PM</li> </ul>	<p><b>22</b></p> <ul style="list-style-type: none"> <li>POOL, EXERCISE &amp; LIBRARY ROOMS ARE OPEN 8AM (1)</li> <li><b>HARI OM YOGA 10 AM</b></li> <li>MAHJONG 1:15 PM</li> <li>CORN TOSS 3:30PM</li> </ul>	<p><b>23</b></p> <ul style="list-style-type: none"> <li>POOL, EXERCISE &amp; LIBRARY ROOMS ARE OPEN (1)</li> <li>CARDS 6:30PM</li> </ul>	<p><b>24</b></p> <ul style="list-style-type: none"> <li>POOL, EXERCISE &amp; LIBRARY ROOMS ARE OPEN (1)</li> </ul>
<p><b>25</b></p> <ul style="list-style-type: none"> <li>POOL, EXERCISE &amp; LIBRARY ROOMS ARE OPEN (1)</li> </ul>	<p><b>26</b></p> <ul style="list-style-type: none"> <li>POOL, EXERCISE &amp; LIBRARY ROOMS ARE OPEN (1)</li> <li>EXERCISE CLASS 10 AM (2)</li> </ul>	<p><b>27</b></p> <ul style="list-style-type: none"> <li>POOL, EXERCISE &amp; LIBRARY ROOMS ARE OPEN (1)</li> <li>PINOCHLE 1 PM (3)</li> </ul>	<p><b>28</b></p> <ul style="list-style-type: none"> <li>WATER AEROBICS                             <ul style="list-style-type: none"> <li>ADVANCED 8 AM</li> <li>REGULAR 9 AM</li> </ul> </li> <li>DOMINO'S 1 PM</li> </ul>	<p><b>29</b></p> <ul style="list-style-type: none"> <li>POOL, EXERCISE &amp; LIBRARY ROOMS ARE OPEN 8AM (1)</li> <li><b>HARI OM YOGA 10 AM</b></li> <li>MAHJONG 1:15 PM</li> <li>CORN TOSS 3:30PM</li> </ul>	<p><b>30</b></p> <ul style="list-style-type: none"> <li>POOL, EXERCISE &amp; LIBRARY ROOMS ARE OPEN (1)</li> <li>CARDS 6:30PM</li> </ul>	

(1) POOL, EXERCISE AND LIBRARY ROOMS OPEN FROM 6 AM THROUGH 10 PM:

- POOL ROOM:

- ON MONDAY, WEDNESDAY & FRIDAY - WATER AEROBICS INTERVALS AT 8 AM, WATER AEROBICS WET & WILD AT 9 AM, AND OPEN POOL FROM 6 AM TO 8 AM AND 10 AM TO 10 PM
- ON TUESDAY & THURSDAY - WATER EXERCISE AT 8 AM, WATER AEROBICS STRENGTH & BALANCE AT 9 AM, AND OPEN POOL FROM 6 AM TO 8 AM AND 10 AM TO 10 PM

(2) EXERCISE CLASS IN THE COMMUNITY ROOM (MAIN ROOM) ON MONDAYS AT 10 A.M WITH NANCY GRAHAM

(3) PINOCHLE- THERE ARE LIMITED SEATING, IF YOU LIKE TO PLAY, PLEASE CONTACT ANDRA WEBER 302-253-0602 AND/OR JEAN GALL 804-833-2999

(4) **DELMARVA DECORATIVE ARTISTS 10 AM TO 3 PM @ CINDERBERRY COMMUNITY CENTER. (FOR ADDITIONAL INFORMATION, CALL SHARON PITCHER)**

(5) MENS BREAKFAST AT GEORGETOWN FAMILY RESTAURANT

(6) **JOIN US AT 12:30PM IN THE ENCLOSED FRONT PORCH OF STERLING TAVERN. STERLING TAVERN AT 119 N MAIN STREET IN BERLIN, MARYLAND. IT IS LOCATED JUST 40 MILES SOUTH AND RIGHT OFF ROUTE 113, NEXT TO THE TOWN PARKING LOT AND ACROSS FROM ISLAND CREAMERY (A GREAT ICE CREAM STORE)**