

October 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>WALLOPS ISLAND BUS TRIP TO THE WALLOPS ISLAND FLIGHT FACILITY ON OCTOBER 6TH</i>						1 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN (1)
2 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN (1)	3 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN (1) • EXERCISE CLASS 10 AM (2) • BINGO 1:30PM	4 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN (1) • PINOCHLE 1 PM (3)	5 • WATER AEROBICS ○ ADVANCED 8 AM ○ REGULAR 9 AM • DOMINO'S 1 PM • BLOCK PARTY WITH SKY BRADY 5:30 TO 8 PM	6 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN 8AM (1) • HARI OM YOGA 10 AM • MAHJONG 1:15 PM • CORN TOSS 3:30PM	7 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN (1) • CARDS 6:30PM	8 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN (1)
9 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN (1)	10 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN (1) • EXERCISE CLASS 10 AM (2)	11 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN (1) • MEET THE BOARD 10 TO 11AM • LADIES LUNCHEON 12:30PM • PINOCHLE 1 PM (3)	12 • MEN'S BREAKFAST 8 AM (5) • WATER AEROBICS ○ ADVANCED 8 AM ○ REGULAR 9 AM • DOMINO'S 1 PM	13 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN 8AM (1) • HARI OM YOGA 10 AM • MAHJONG 1:15 PM • CORN TOSS 3:30PM	14 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN (1) • CARDS 6:30PM	15 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN (1)
16 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN (1)	17 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN (1) • EXERCISE CLASS 10 AM (2) • BINGO 1:30PM	18 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN (1) • PINOCHLE 1 PM (3)	19 • WATER AEROBICS ○ ADVANCED 8 AM ○ REGULAR 9 AM • DELMARVA DECORATIVE ARTISTS 10 AM to 3 PM (4) • DOMINO'S 1 PM	20 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN 8AM (1) • HARI OM YOGA 10 AM • MAHJONG 1:15 PM • CORN TOSS 3:30PM	21 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN (1) • CARDS 6:30PM	22 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN (1)
23 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN (1)	24 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN (1) • EXERCISE CLASS 10 AM (2)	25 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN (1) • PINOCHLE 1 PM (3) • GENERAL BOARD MEETING 6:30 PM	26 • MEN'S BREAKFAST 8 AM (5) • WATER AEROBICS ○ ADVANCED 8 AM ○ REGULAR 9 AM • DOMINO'S 1 PM • POT LUCK 5:30 PM	27 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN 8AM (1) • HARI OM YOGA 10 AM • MAHJONG 1:15 PM • CORN TOSS 3:30PM	28 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN (1) • CARDS 6:30PM	29 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN (1)
30 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN (1)	31 • POOL, EXERCISE & LIBRARY ROOMS ARE OPEN (1) • EXERCISE CLASS 10 AM (2) • TRICK OR TREAT, IN TOWN OF GEORGETOWN	 <p>BATTERY RECYCLING – A REMINDER THAT RECYCLE CANS ARE LOCATED IN MAIL HUTS STARTING THE LAST DAY OF THE MONTH AND THE FIRST 7 DAYS OF EACH MONTH (SEPTEMBER 30 THROUGH OCTOBER 7).</p>				

(1) POOL, EXERCISE AND LIBRARY ROOMS OPEN FROM 6 AM THROUGH 10 PM:

- POOL ROOM:

- ON MONDAY, WEDNESDAY & FRIDAY - WATER AEROBICS INTERVALS AT 8 AM, WATER AEROBICS WET & WILD AT 9 AM, AND OPEN POOL FROM 6 AM TO 8 AM AND 10 AM TO 10 PM
- ON TUESDAY & THURSDAY - WATER EXERCISE AT 8 AM, , WATER AEROBICS STRENGTH & BALANCE AT 9 AM, AND OPEN POOL FROM 6 AM TO 8 AM AND 10 AM TO 10 PM

(2) EXERCISE CLASS IN THE COMMUNITY ROOM (MAIN ROOM) ON MONDAYS AT 10 A.M WITH NANCY GRAHAM

(3) PINOCHLE-- THERE ARE LIMITED SEATING, IF YOU LIKE TO PLAY, PLEASE CONTACT ANDRA WEBER 302-253-0602 AND/OR JEAN GALL 804-833-2999

(4) DELMARVA DECORATIVE ARTISTS 10 AM TO 3 PM @ CINDERBERRY COMMUNITY CENTER. (FOR ADDITIONAL INFORMATION, CALL SHARON PITCHER)

(5) MENS BREAKFAST AT GEORGETOWN FAMILY RESTAURANT