July 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
OPEN FROM 6 A SEE NOTED AT	ERCISE ROOMS ARE AM THROUGH 10 PM THE BOTTOM OF THE TER AEROBICS CLASSES	4th JULY				1 • DOMINOS 1 PM
2	S • EXERCISE CLASS 10 AM • BINGO 1:30PM	EXERCISE FOR BALANCE 9 AM PINOCHLE 1 PM	5 • DOMINO'S 1 PM	MAHJONG 1:30 PM CORN TOSS 3:30 PM	7 • CHAIR VOLLEY BALL 10 AM • CARDS 6:30 PM	8 • DOMINOS 1 PM
)	• EXERCISE CLASS 10 AM	• EXERCISE FOR BALANCE 9 AM • MEET THE BOARD 10 TO 11AM • PINOCHLE 1 PM	• MEN'S BREAKFAST AT GEORGETOWN FAMILY REST 8 AM • DOMINO'S 1 PM • HOPKINS DAIRY FARM ICE CREAM SOCIAL 7 PM	• SUMMER CHAIR YOGA 10 AM • LADIES LUNCH AT ARENAS 12:30 PM • MAHJONG 1:30 PM • CORN TOSS 3:30 PM	14 • CHAIR VOLLEY BALL 10 AM • CARDS 6:30 PM	15 • DOMINOS 1 PM
HALL RESERVED	• EXERCISE CLASS 10 AM • BINGO 1:30PM	18 • EXERCISE FOR BALANCE 9 AM • PINOCHLE 1 PM	19 • DOMINO'S 1 PM	20 SUMMER CHAIR YOGA 10 AM LUNCH AT SUICIDE BRIDGE & RIVERBOAT CRUISE 11:30 AM MAHJONG 1:30 PM CORN TOSS 3:30 PM	• CHAIR VOLLEY BALL 10 AM • CARDS 6:30 PM	22 • DOMINOS 1 PM
23	• EXERCISE CLASS 10 AM	• EXERCISE FOR BALANCE 9 AM ADHOC BOARD MEETING 9 AM PINOCHLE 1 PM	• MEN'S BREAKFAST AT GEORGETOWN FAMILY REST 8 AM • DOMINO'S 1 PM	• SUMMER CHAIR YOGA 10 AM • MAHJONG 1:30 PM • CORN TOSS 3:30 PM	• CHAIR VOLLEY BALL 10 AM • CARDS 6:30 PM	29 • DOMINOS 1 PM
HALL RESERVED	31 • EXERCISE CLASS 10 AM			NDER THAT RECYCLE CA THE FIRST 7 DAYS OF EA		

• POOL ROOM INFORMATION:

- ON MONDAY, WEDNESDAY & FRIDAY WATER AEROBICS INTERVALS AT 8 AM, WATER AEROBICS WET & WILD AT 9 AM, AND OPEN POOL FROM 6 AM TO 8 AM AND 10 AM TO 10 PM
- ON TUESDAY & THURSDAY WATER EXERCISE AT 8 AM, , WATER AEROBICS STRENGTH & BALANCE AT 9 AM, AND OPEN POOL FROM 6 AM TO 8 AM AND 10 AM TO 10 PM

• SAVE THE DATE

 THURSDAY, AUGUST 24 FROM 6:30-8:30PM - SKY BRADY IS COMING BACK FOR A SPECIAL EVENING. WE'LL HAVE A DANCE FOLLOWED BY AN AMERICAN CANCER SOCIETY LUMINARY EVENT. THIS WILL BE HELD AT THE COMMUNITY CENTER. WATCH FOR MORE INFORMATION.